



The Treatment Rooms

OPEN '8' DAYS A WEEK



CELEBRATING

24 YEARS



54 MERSEY VIEW • BRIGHTON-LE-SANDS/CROSBY • L22 6QB

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 @thetreatmentrms  @TreatmentRoomsCrosby  treatmentroomsrosby

The Treatment Rooms...

Is a comfortable environment that specialises
in treating both men and women

OPEN '8' DAYS A WEEK ...

Monday	8.30am	–	5pm
Tuesday	8.30am	–	5pm
Wednesday & Thursday	8.30am	–	7.30pm
Friday	8.30am	–	7.30pm
Saturday	8am	–	3pm
Sunday	10am	–	4pm

ADVANCE BOOKINGS

WE ALSO OPEN BANK HOLIDAYS 10AM-2PM FOR APPOINTMENTS ONLY

From Face to Foot,

Top to Toe

The Treatment Rooms

is where you go!

**MAKE SURE TO CHECK OUT OUR WEBSITE
FOR OUR SPECIAL OFFERS**

FOLLOW US FOR SPECIAL OFFERS ON
TWITTER, FACEBOOK AND INSTAGRAM

 @thetreatmentrms

 @TreatmentRoomsCrosby

 treatmentroomsrosby

BOOK ONLINE www.treatmentrooms.net

Facials

All facials are performed using the professional skincare products Germaine de Capuccini.

The Treatment Rooms are the only salon on Merseyside to be selected to use this range.

Deposits must be paid on booking.

LIFT FACIAL

An advanced facial steeped in beautiful rituals to lift and re-define the facial contour.

99% have firmer, more supple skin. 100% have a more defined facial contour*

*Self-evaluation test carried out with volunteers between 35 and 69 years of age

TIMEXPERT SRNS GLOBAL ANTI-AGE

Anti-ageing face and eye treatment based on epigenetics. Global Anti-age reactivates dormant genes, boosts cellular regeneration using "Epigenol" and "Zinc-Glycine Complex". A powerful all round anti-ageing treatment that provides firming, wrinkle reduction, revitalisation, improved pigmentation and hydration.

1 hr All skin types usually +35yr skin

TIMEXPERT RIDES WRINKLE CORRECTION

A new avant-garde and sophisticated approach to work against expression wrinkles.

Timexpert rides focuses on "cellular dynamics" to strengthen the skins architecture

VITAMIN C BOOST FACIAL

Rejuvenating power to combat skin ageing by intensely repairing the skin's luminosity, vitality and uniformity. Leaves a lasting revitalising effect that prevents and works against signs of ageing.

1 hr Concerns with tone and fine line wrinkles +25yr skin

O2 EXCEL FACIAL

Provides a global anti-ageing for those who wish to firm, tone and protect the skin against environmental stresses especially blue light from mobile or computer screens by activating the O2 levels delaying and preventing the signs of ageing.

1 hr All skin types usually +25yr skin

EXPERT CHEMICAL PEEL

A complete range of cosmeceuticals formulated with high scientific and therapeutic rigour.

Suitable for 3 different types of skin 30 min

PURIFYING - Acne, acne scars, oily skin

REJUVENATING - Anti age, wrinkles, lifting

CLARIFYING - Anti age, hyperpigmentation, prep peel

HYDRACURE FACIAL

Highly recommended for fragile delicate skin types. Amazing results after just one facial. Gives superb moisturisation and hydration. *1 hr All skin types and especially sensitive skin*

OPTIONS PRESCRIPTIVE FACIAL

A High performance solution to a dull, stressed, tired and devitalized skin. Provides the skin with vitamins, nutrients and a source of energy to revitalise or regenerate leaving the skin bursting with health. Radiating! *1 hr All skin types – ideal for smoker's skin*

EXPRESS FACIAL

Cleanse, Tone, Exfoliation, mask and moisture. *30 min*
All skin types ideal at lunchtime for a quick pick me up as this does not include any facial massage or relaxation protocols.

TEENAGER STARTER FACIAL

School grade 7 – 11, ages 12yrs to 16yrs, must have adult consent
Blemished, problem teenage skin needs guidance to help balance its oil levels, full consultation is given including homecare advice.

TIMEXPERT EYE CONTOUR TREATMENT

Specific eye treatment designed to firm, smooth and relax. Great lunchtime pick me up! Ideal for overworked tired and stressed eyes, it puts the sparkle back into your eyes. *30 min Upgrade this to any other facial for £15*

Eye Treatments

EYEBROW, TINT, LASH TINT AND SHAPE

EYEBROW SHAPE AND EYEBROW TINT

EYEBROW SHAPE

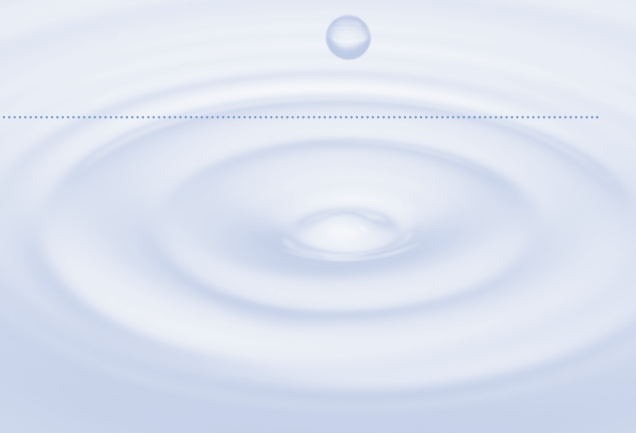
EYEBROW TINT

EYELASH TINT

BROW & LASH TINT TOGETHER ONLY

EYELASH EXTENSIONS *(weekend lashes)*

EYELASH LIFT *50 min (includes tint)*



Body Treatments

All body treatments are performed using the Exclusive Spanish product range focusing on the theme of total well-being and Spa therapy. Deposits must be paid on booking.

COMPLETE EXFOLIATION

A full body scrub using dead sea salts with a choice of different aromas, ideal before holidays, false tanning and hair removal although not recommended the same day. *30 min*

AFRICAN BAOBAB RITUAL

Ideal for pregnancy. Exfoliation for the back followed by a massage with firming tonic oil all over the body. Silk wrap massaged into the scalp leading into an application of Dreamy legs to help alleviate tired legs. *1 hr 15 min*

CHOCOHOLICS DELIGHT

All the pleasures of chocolate without the calories! A thoroughly delicious wrap based on the colour, aroma and creamy texture of cocoa. **A deeply relaxing** treatment that provides the skin with deep hydration and nourishment. *1 hr*

RE-MINERALISING WRAP

From the deepest of the French Sea of Brittany we extract this mud with its marine silts, mineral salts and trace elements. This wrap and **exfoliation treatment purifies the skin** whilst providing it with all the basic **elements lost by daily stressful activities**. *1 hr 20 min*

Massage Treatments

AROMATHERAPY

Ideal technique to combat physical or emotional stress or just pure relaxation using carefully selected and blended essential oils.

FULL BODY INCLUDING SCALP *70 min*

BACK, NECK AND SCALP *25 mins*

SWEDISH

This technique is better suited to those general aches and pains, especially back ache. Preferred more by male clients and those who have physical lives.

FULL BODY *55 min*

BACK, NECK AND SHOULDERS *20 min*

MEDITERRANEAN LIGHT CANDLE MASSAGE

During this the Mediterranean Light Candle is burned emitting a wonderful fragrance. The warm wax from the candle is then poured over the body with a prolonged body massage to ease tension and relax the mind. *1 hr*

Hand and Nail Treatments

GEL FX MANICURE 45 min

The must have 14 Day Manicure, No Chipping, No Smudging, better than Shellac and Gelac, the secret to long lasting shine. Exclusive UV Gel Polish

GEL FX REVARNISH 30 min

GEL FX REMOVAL

BASIC MANICURE 30min

DELUXE MANICURE *incl. heated mitts and gel if required.*

PARTY FALSE NAILS *Ideal for quick fix 15 min*

EAR PIERCING

Nail Art £5 on top of any manicure

Toe & Foot Treatments

Once you have experienced this treatment you will leave our treatment rooms as though you are walking on air!

DELUXE SPA PEDICURE *incl. heated boots*

GEL FX PEDICURE 75 min

ORLY SPA PEDICURE 60 min

Make-up

OCCASION MAKE UP APPLICATION *(Lash Strip Extensions available extra £18)*

PHOTOGRAPHIC APPLICATION

MAKE-UP LESSON 1 hr

BRIDAL APPLICATION *includes both trial and special day plus full consultation*

BRIDESMAIDS/MOTHER OF THE BRIDE ETC.

HOUSE CALL OUT *depends on distance*

Waxing

WE DO THE FASTEST WAXING IN THE WEST!

*All waxing clients must NOT have any heat treatments prior to appointment OR directly within a 24 hour time period.
For an extra charge we can use hot wax for intimate waxing.*

EYEBROW or **LIP** or **CHIN**

FACE includes sides, lip & chin

UNDERARM

FOREARM / FULL ARM

BASIC BIKINI LINE

STOMACH WAX

BRAZILIAN or **HOLLYWOOD**

S.B.C. MALE WAX

BACK includes shoulders

CHEST

HALF LEG

¾ LEG

FULL LEG

EARS or **NOSE**

Wax Packages upgrade to Brazilian or Hollywood available for extra cost.

COMPLETE MALE BODY WAX (inc. SBC)

COMPLETE FEMALE BODY WAX

FULL LEG, BASIC BIKINI AND UNDERARM

HALF LEG, BASIC BIKINI AND UNDERARM

FULL LEG, BASIC BIKINI OR UNDERARM

HALF LEG, BASIC BIKINI OR UNDERARM

Electrolysis

*A progressively permanent removal of the hair using the Sterex System. Treatments include full consultation.
All needles are disposed of clinically. **Courses are advised and available.***

UP TO 15 MINUTES

30 MINUTES

SKIN TAG REMOVAL

Natrasun Spray Tanning

This tan is a 2^{1/2}hr tan

Airbrush tanning system that applies sunless tanner not as a lotion but as a spray.

Recommended that you dry exfoliate and or do any hair removal treatment before to reach best results.

FULL BODY

UPPER BODY

LEGS ONLY

Holistic Treatments

Holistic is a word meaning 'whole' these experiences help balance the mind and body as one.

HOPI EAR CANDLES 45 min

The following treatments are subject to external therapists from outside of The Treatment Rooms staff and are therefore only available with advance notice. Unfortunately Gift Vouchers cannot be purchased or used for these treatments.

REFLEXOLOGY 1 hr

Reflexology is based on the science that there are pressure maps represented on the feet. Gentle pressure is applied to these various points that correspond to different areas of the body, restoring health and rejuvenating the entire body. Stimulation of these reflexes helps to relax and restore health and normalise all functions of the body, helping to promote a natural balance and revitalisation.

REIKI 1 hr

A healing technique based on the principle that the therapist can channel energy into the client by means of touch, to activate the natural healing process of the client's body and restore physical and emotional wellbeing. A balancing treatment.

PRIVATE PRACTICE PHYSIOTHERAPY SERVICE

CHARTERED PHYSIOTHERAPIST

BSc(Hon) Physio, MCSP, MMACP, Post Grad Dip Manual Therapy, Registered with HCPC

Physiotherapy Assessment (30 mins)	£40
Dizziness or Balance Assessment (45 mins)	£60
Epley Manoeuvre – only if indicated following a full assessment	£35
Multiple Joints or Functional assessment (45 mins)	£60
Follow up treatment (30 mins)	£35

Men's Treatments

We treat and cater for male clients. However the management reserves the right to refuse.

C+ ENERGY MENS FACIAL

Specially designed for the individual Man's skin type, eliminates toxins, strengthens skin against pollution and stress. Gives luminosity, hydration and immediate comfort using male fragranced products. *1 hr*

MEN'S BODY TREATMENTS

All treatments are the same for men as they are for women.

MEN'S HAND & NAIL TREATMENT

MEN'S FOOT CARE TREATMENT

Male Waxing

S.B.C. MALE WAX

BACK *includes shoulders*

CHEST

EARS

COMPLETE MALE BODY WAX

EYEBROWS

STOMACH

NOSE

Man Power Pack *ideal for all Grooms!*

Swedish back massage, eyebrow tidy/trim, hand & nail treatment & ears & nose wax

MEN'S SPA DAY

Full body exfoliation, shower followed by Specialised Men's Facial & Back massage complete with choice of either Men's hand and nail treatment or Men's foot care *3 hr*

Gift Vouchers available for all Male Treatments

DON'T FORGET FATHERS DAY , VALENTINES DAY AND BIRTHDAYS

Packages

All 'SPA DAY' packages include complimentary refreshments throughout your time with us. All packages require a non refundable 50% deposit of full package cost on booking.

ULTIMATE SPA DAY

Full Body Salt Scrub, shower followed with Candle Back Massage, Full Facial selected for the individual needs, the Deluxe Spa Pedicure & Deluxe Manicure PLUS Complimentary Glass of Fizz complete with Daytime make-up. *5 hr*

PRE HOLIDAY

Complete Body Scrub, ½ leg, basic bikini, underarm wax, eyebrow tint & shape, eyelash tint followed by Gel Manicure & Gel Pedicure or Spa Pedicure *3 hr*
Upgrade to Brazilian or Hollywood available for extra cost.

FULL SPA DAY

Starts with Advanced Facial plus eyebrow shape, followed by Aroma Back, neck and scalp massage, the Spa Pedicure & basic gel. *3 hr 30 min*

MEN'S SPA DAY

Full body exfoliation, shower followed by Specialised Men's Facial & Back massage, complete with choice of hand or feet treatment. *3 hr*

MEN'S POWER PACK

Swedish back massage, eyebrow tidy/trim, hand & nail treatment & ears & nose wax

HALF SPA DAY

French Facial, Full Body Massage, Manicure or Pedicure. *2 hr 30 min*

CHAMPAGNE & CHOC-A-HOLIC

Choc-a-holic Body Treatment, Facial, Champagne and Chocs. *2 hr 30 min*

TIME TO PAUSE MENOPAUSE

Hot Pindas followed with cooling body scrub, therapy power shower then followed with SRNS full facial and silk body wrap finished with a collagen drink.

MOTHER-TO-BE

Full consultation, Body exfoliation followed by a warm firming body mask and an extra treatment for heavy legs. Facial is performed whilst body mask prepares your body and mind for your new arrival. Toes polished to perfection to complete your treat. *2 hr*

BRIDAL

FREE Consultation is given to establish your own individual needs, but date of wedding must be booked as early as possible so not to disappont (Bespoke Bridal Service). We plan your treatment build up for your big day!

GROUP PACKAGES CAN BE CREATED AND CATERED FOR THE INDIVIDUAL GROUP, ASK FOR DETAILS

Courses

GEL PEDICURE
GEL FX MANICURE
ORLY PEDICURE
FACIAL
BODY TREATMENTS
MASSAGE
ELECTROLYSIS (15 MIN)
ELECTROLYSIS (30 MIN)

BUY 4 GET 5
BUY 4 GET 5
BUY 4 GET 5
BUY 4 GET 5
BUY 4 GET 5
6 FOR £99
6 FOR £160

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Gift Vouchers Available

Excluding Holistic Treatments & Physiotherapy

Please ask staff for details

VIP
BEAUTY CLUB
AVAILABLE

Pay **£50** and get **£70**
worth of treatments per month

Ts and Cs apply

We accept VISA and all major credit/debit cards for payment over £20 but not AMEX.

We do not accept cheques

We welcome and value any feedback of your treatment today, to help us provide the highest quality service.

CLIENT COURSES All paid treatment courses that are booked and then not attended will be treated as a non arrival therefore will be deducted from your course. All courses must be completed within 6 months of commencing or will be lost. Courses cannot be exchanged for any other treatment OR refunded OR transferred to another person.

GIFT VOUCHERS AND PACKAGES Vouchers and Packages cannot be replaced if lost or stolen and cannot be refunded in part or full once purchased. All vouchers are valid for 6 months from purchase only. Date cannot be extended. Change will not be given. Not transferable to another persons name. Vouchers redeemed on booking will be used as a non-refundable deposit and cannot be refunded due to cancellation policy or non-arrival. All treatments sold as a package must be taken on the same day - cannot be split over multiple days.

NON-ARRIVALS In the event of non-arrival the full cost of your treatment will be charged. Deposits or gift vouchers will not be returned.

CANCELLATION POLICY Please note that if you cancel or rearrange your treatment with less than 48 hours notice you will be charged 50% of the total treatment cost of your booking. **This is company policy and non negotiable.** Cancellation of packages must be before 1 week of treatment.

IN THE EVENT OF PACKAGE APPOINTMENTS ALL CLIENTS MUST GIVE 1 WEEKS NOTICE TO CANCEL/REARRANGE OR ALL DEPOSITS WILL BE LOST AND GIFT VOUCHERS WILL BECOME VOID.

CHILDREN POLICY As a courtesy to all clients and for your comfort we ask that small children and babies do not accompany you into the Treatment Rooms whilst having treatments. Minors can have certain suitable treatments but must be accompanied by a consenting parent/guardian and will be asked to give written consent.

MOBILE PHONE We would like to point out that all mobile **phones must be turned off** or in silent mode whilst in treatment as vibration and ring tones detract from the relaxing environment. Please also refrain from answering calls whilst in treatment except in case of emergencies.

VALUABLES The Treatment Rooms cannot be held responsible for any loss or damages to any jewellery or valuables so please keep to bare essentials wherever possible.

The therapist reserves the right to terminate the treatment if he/she feels the client's behaviour is unacceptable or inappropriate.

Please note all treatments performed by management are not subject to discounts and incur a charge.



The Treatment Rooms

The Brochure supersedes any other before Oct 2023



The Treatment Rooms

PRICE LIST - 1ST OCTOBER 2023



Facials

LIFT FACIAL 1 hr	£80
TIMEXPERT SRNS GLOBAL ANTI-AGE	£80
TIMEXPERT RIDES WRINKLE CORRECTION	£80
LED-XPERT SKIN LIGHT THERAPY 1 hr	£80
EXPERT LAB CLINICAL PEEL 40 mins	£80
VITAMIN C BOOST FACIAL 1 hr	£80
02 EXCEL FACIAL 1 hr	£80
HYDRACURE FACIAL 1 hr	£80
OPTIONS PRESCRIPTIVE FACIAL 1 hr	£75
EXPRESS FACIAL 30 min	£50
TEENAGER STARTER FACIAL	£40

Body Treatments

RE-MINERALISING WRAP 1 hr 20 min	£80
AFRICAN BAOBAB RITUAL 1 hr 15 min	£80
CHOCOHOLICS DELIGHT 1 hr	£80
COMPLETE EXFOLIATION 30 min	£45

Hand and Nail Treatments

DELUXE MANICURE INCL. HEATED MITTS	£37
BASIC MANICURE	£32
GEL FX MANICURE	£32
GEL FX REVARNISH	£27
GEL FX REMOVAL	£8.50
EAR PIERCING Inc. earrings	£30

Toe & Foot Treatments

DELUXE SPA PEDICURE INCL. HEATED BOOTS	£50
ORLY SPA PEDICURE 60 min	£42
GEL FX PEDICURE 75 min	£48

Make-up

OCCASION MAKE UP APPLICATION from	£32
LASH EXTENSIONS STRIP LASHES extra	£20
BRIDAL APPLICATION INCLUDES BOTH TRIAL AND SPECIAL DAY PLUS FULL CONSULTATION	£58
BRIDESMAIDS/ MOTHER OF THE BRIDE ETC.	£40
HOUSE CALL OUT depends on distance	from £30

Express Tan

FULL BODY	£35
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Eye Treatments

EYELASH LIFT 50 min. Inc. free lash tint	£40
EYEBROW SHAPE & TINT BOTH BROW & LASH (Save £21)	£40
EYEBROW SHAPE & EYEBROW TINT	£28
BROW & LASH TINT TOGETHER ONLY	£28
EYEBROW SHAPE	£17
EYEBROW TINT	£17
EYELASH TINT	£17
EYELASH EXTENSIONS (weekend)	£34
TIMEXPERT EYE or LIP CONTOUR TREATMENT 30 min	£50

Waxing

EYEBROW OR LIP OR CHIN OR EARS	£17
FACE INCLUDES SIDES, LIP & CHIN	£30
UNDERARM	£21
FOREARM / FULL ARM	£27
BASIC BIKINI LINE	£35
STOMACH WAX	£16
BRAZILIAN OR HOLLYWOOD	£40
S.B.C. MALE WAX	from £45
BACK INCLUDES SHOULDERS	£30
CHEST	£30
HALF LEG	£30
¾ LEG	£33
FULL LEG	£36

Wax Packages

COMPLETE MALE BODY WAX (inc. SBC)	£99
COMPLETE FEMALE BODY WAX	£95
FULL LEG, BASIC BIKINI AND UNDERARM (Save £28)	£64
HALF LEG, BASIC BIKINI AND UNDERARM (Save £28)	£58
FULL LEG, BASIC BIKINI OR UNDERARM (Save £23)	£48
HALF LEG, BASIC BIKINI OR UNDERARM (Save £23)	£44
UPGRADE TO BRAZILIAN OR HOLLYWOOD FOR AN EXTRA	£8

Electrolysis

UP TO 15 MINUTES	£21
30 MINUTES	£34
SKIN TAG REMOVAL	from £37

Massage Treatments

MEDITERRANEAN LIGHT 1 hr	£80
AROMA FULL BODY INCLUDING SCALP 70 min	£65
SWEDISH FULL BODY 55 min	£55
AROMA BACK, NECK AND SCALP 25 min	£45
SWEDISH BACK, NECK AND SHOULDERS 20 min	£40
<h3>Holistic Treatments</h3>	
HOPI EAR CANDLES 45 min	£35
REFLEXOLOGY 1 hr	£45
REIKI 1 hr	£50

Men's Treatments

MEN'S SPA DAY	£126
MEN'S POWER PACK Swedish back massage, eyebrow tidy/trim hand & nail treatment & ears & nose wax	£95
C+ ENERGY MENS FACIAL 1 hr	£70
MEN'S FOOT CARE TREATMENT	£34
MEN'S HAND & NAIL TREATMENT	£32

Male Waxing

S.B.C. MALE WAX from	£45
BACK includes shoulders	£30
CHEST	£30
COMPLETE MALE BODY WAX (inc. SBC)	£99
EYEBROWS	£17
EARS	£17
NOSE	£10

Packages

ULTIMATE SPA DAY 5 hr	£170
PRE HOLIDAY 3 hr	£158
FULL SPA DAY 3 hr 30 min	£136
MEN'S SPA DAY 3 hr	£126
HALF SPA DAY 2 hr 30 min	£125
CHAMPAGNE & CHOC-A-HOLIC 2 hr 30 min	£105
TIME TO PAUSE MENOPAUSE	£99
MOTHER-TO-BE 2 hr	£95

BRIDAL

FREE Consultation is given to establish your own individual needs, but date of wedding must be booked as early as possible so not to disappoint (Bespoke Bridal Service)

Courses

GEL FX PEDICURE	BUY 4 GET 5
GEL FX MANICURE	BUY 4 GET 5
ORLY SPA PEDICURE	BUY 4 GET 5
BODY TREATMENTS	BUY 4 GET 5
MASSAGE	BUY 4 GET 5
ELECTROLYSIS (15 MINS) (Save £27)	6 FOR £99
ELECTROLYSIS (30 MINS) (Save £44)	6 FOR £160